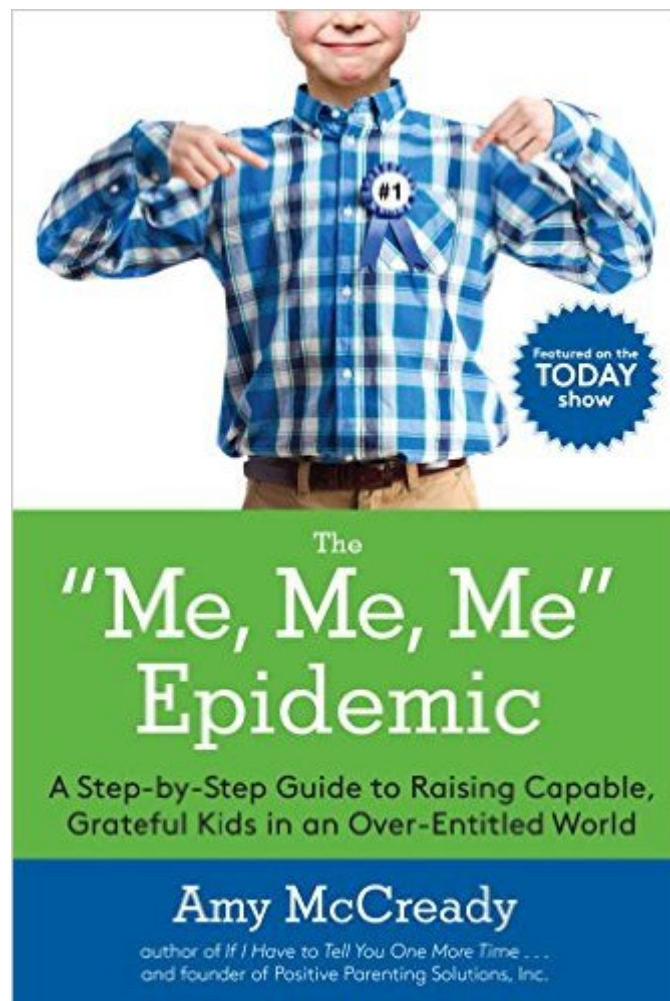


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# The Me, Me, Me Epidemic: A Step-by-Step Guide To Raising Capable, Grateful Kids In An Over-Entitled World



## Synopsis

Cure your kids of the entitlement epidemic so they develop happier, more productive attitudes that will carry them into a successful adulthood. Whenever Amy McCready mentions the "entitlement epidemic" to a group of parents, she is inevitably met with eye rolls, nodding heads, and loaded comments about affected children. It seems everywhere one looks, there are preschoolers who only behave in the grocery store for a treat, narcissistic teenagers posting selfies across all forms of social media, and adult children living off their parents. Parenting expert Amy McCready reveals in this book that the solution is to help kids develop healthy attitudes in life. By setting up limits with consequences and training them in responsible behavior and decision making, parents can rid their homes of the entitlement epidemic and raise confident, resilient, and successful children. Whether parents are starting from scratch with a young toddler or navigating the teen years, they will find in this book proven strategies to effectively quell entitled attitudes in their children. From the Hardcover edition.

## Book Information

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## Customer Reviews

For any parent wanting to raise responsible, helpful, grateful, empowered kids not dominated by their technology, this is your guide. Written by a parenting expert, the book takes parents through lots of concrete tools they can use to get the un-entitled behavior they're looking for. But it's about more than simply misbehavior--it's about the attitude that "it's all about me," an idea from the 1980s (give or take) we all wish we had a big undo button for. This book answers the question, how do I raise capable and grateful kids when we live in a culture where we really can just about have it all?

It helps parents get rid of the "center of the world" mentality, and gracefully say no kids who constantly demand more, boss us around, you name it! Chapters focus on a wide breadth of topics that lead to entitled attitudes in kids no matter their family status or income level, warning against (and prescribing solutions for) things like constant praise, giving in, doing things for kids they could do themselves, unrestricted technology use and unlimited cash flow. Unlike other books that stop at telling parents not to do these things, and then give a few suggestions, *The Me, Me, Me Epidemic* actually gives parents step-by-step tools and even scripts so that parents know just what to say. While some of the tools are tried-and-trusted (by thousands of parents, including me!), many are new, or newly adapted to specifically speak to entitlement, so that even those who own the first book will gain plenty of new insights.

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